What Is IMU’s Diabetes Management and Education Programme About?

**Overview**

The IMU Diabetes Management and Education programme provides training at the postgraduate diploma level to healthcare providers who provide diabetes care. This programme is the highest qualification of its kind in South East Asia and modelled against international curriculum.

The Postgraduate Diploma in Diabetes Management and Education is a taught course with an inclusive, innovative, and flexible curriculum designed to fit into the working adult lifestyle and impart competencies to grow a career for the future diabetes care workplace.

The programme caters for a broad range of healthcare professionals including nurses, assistant medical officers, dietitians, pharmacists, physiotherapists, clinical psychologists, podiatrists, and medical practitioners who are interested in improving diabetes care.

Teaching and learning is delivered and supervised by highly qualified and experienced local and international specialists from the multidisciplinary areas of diabetes care, and extends beyond the provision of education to include theory, research, and the educator role into professional practice to generate individualised self-management solutions for people with diabetes.

Students can choose to complete all 6 modules of the programme, within 1 year as a full-time student or within a maximum period of 3 years as a part-time student.

<table>
<thead>
<tr>
<th>DEGREE / DURATION</th>
<th>COMMENCEMENT</th>
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<tbody>
<tr>
<td>PG Dip in Diabetes Management and Education</td>
<td>March and July</td>
</tr>
<tr>
<td>1 year (full-time), 3 years (part-time)</td>
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**A Word from the Programme Director**

“The mission of the IMU Diabetes Management and Education programme is to produce competent diabetes educators with a level of expertise to positively impact the health of people with diabetes while progressing in their career and professional lives. In fulfilling this mission, the IMU Diabetes Management and Education Programme has been designed to develop graduates who are able to provide personalised education, support and solutions for people with diabetes and their caregivers. The graduates of this programme will also be able to help the community they engage with through the coordination and advocacy of diabetes care. This programme also equips its graduates with the ability to independently seek new knowledge and skills to continuously improve diabetes care delivery.”

DR LEE CHING LI — Programme Director
BSc (Hons) Dietetics (Malaysia), MSc Community Nutrition (Malaysia), PhD Medical and Health Sciences (Malaysia)
Dr Tan Ming Yeong  
Diabetes Nurse Specialist, IMU Healthcare  
*BSc (Hons) Nursing (United Kingdom), MSc of Nursing (Australia), Doctor of Nursing (Australia), Credentialed Diabetes Educator (Australia)*  
This programme is the highest level of diabetes educator qualification in this region. It provides the necessary knowledge and competency to deliver quality diabetes care. This training also paves a career path to being competent diabetes educators in all work environments.

Dr Loh Vooi Lee  
Consultant Endocrinologist, IMU Healthcare  
*MBChB (UK), MRCP (UK), MRCP (London), CCT (Endocrinology / Internal Medicine) - UK*  
Diabetes educators have an important role as a ‘bridge’ between the busy practising clinician and the patient. The patient is comforted knowing that such a person is there to teach them all the aspects of diabetes care and also acts as a friend to guide them through their ‘journey’ in life.

Prof Dr Winnie Chee Siew Swee  
Professor, Nutrition & Dietetics, School of Health Sciences, International Medical University  
*BSc (Hons) Dietetics (Malaysia), MSc Food Science and Nutrition (Malaysia), PhD Food Science (Malaysia)*  
An additional diabetes education qualification will enable dietitians to expand their role in the clinical care of children and adults with diabetes. The additional knowledge and skills obtained from this programme will help improve our patients’ lives and make a difference to the outcomes we hope to achieve for them.

Prof Dr Trisha Dunning  
Chair in Nursing Centre for Quality and Patient Safety Research, School of Nursing and Midwifery, Deakin University and Barwon Health  
*RN, MEd, PhD, Credentialed Diabetes Educator*

Prof Dato’ Dr Mafauzy Mohamed  
Honorary Professor of Medicine and Senior Consultant Endocrinologist, Universiti Sains Malaysia  
*MBBS (Adelaide), MRCP (United Kingdom), Masters Medical Sciences (United Kingdom), FRCP (Edinburgh)*

A/Prof Dr Muhamad Yazid Jalaludin  
Consultant Paediatrician and Consultant Paediatric Endocrinologist Universiti Malaya Medical Centre  
*MPaed (UM), MBBS (UM), F'Ship in Paeds Endocrinology (US)*

Prof Dato’ Dr Sivalingam A/L Nalliah  
Obstetrics and Gynaecology, School of Medicine, International Medical University  
*MBBS (Malaysia), MCGP (Diplomate), MRCOG (London), FRCOG (London), FICS, FUCC, FAMM, Master of Education (Malaysia)*
How Does the Programme Work?

Diabetes Management and Education Structure

The programme is an outcomes-based curriculum and consists of a 6 modules delivered on a modular basis over 3 semesters.

<table>
<thead>
<tr>
<th>Modules for March - June</th>
<th>Modules for July - October</th>
<th>Modules for November - February</th>
</tr>
</thead>
<tbody>
<tr>
<td>Management of Diabetes and Complications (5 credits)</td>
<td>Care of Special Groups (4 credits)</td>
<td>Research Methodology 1 (4 credits)</td>
</tr>
<tr>
<td>Diabetes Self-Management Education in Psychosocial Context (5 credits)</td>
<td>Teaching and Learning in Diabetes Care (6 credits)</td>
<td>Research Methodology 2 (6 credits)</td>
</tr>
</tbody>
</table>

Commencement of the programme will determine the sequence of modules taken for the three semesters.

Option I. Full-time
Students who take the programme on a full time basis will finish the programme over three semesters within a period of 12 months or 1 year.

Option II. Part-time
Students who take the programme on a part time basis have the option to finish the programme over a maximum period of 36 months or 3 years.

Teaching and Learning Activities
Blended learning that combines onsite learning activities at the university, offsite clinical placement at the student’s place of work, online learning, and independent assignments.

Time Spent on Learning Activities

- **Face-to-face on campus**: 5 WEEKDAYS per semester
- **57 HOURS** of hands-on workshops, practicals, and tutorials
- **43 HOURS** of problem-based learning and forums
- **68 HOURS** of guided reading and online quizzes
- **80 HOURS** of workplace practicum

**On-campus Activities**: Seminar, lecture, workshop, practical, tutorial, Problem Based Learning (PBL), oral presentation

**Blended Learning**: e-Forum, online lecture, e-PBL, guided reading, quiz

**Workbased Activities**: Clinical placement

**Assignments**: Written, video taped sessions
How Does the Programme Work?

Assessment
• Students are assessed via
  • 100% in-course assessment
  • Individual assignments
  • Group activities
  • Face-to-face assessments
  • Online submission and assessments
• No end-of-semester examination

Entry Requirements
Registered Nurse / Assistant Medical Officer / Dietitian / Pharmacist / Physiotherapist / Clinical Psychologist / Podiatrist / Medical Practitioner with a Bachelor’s Degree in related discipline and a minimum CGPA of 2.50*

+ Registered (if appropriate) with Nursing / Assistant Medical Officer / Pharmacy / Medical Practitioner Board of Malaysia or country of origin or its equivalent

+ Minimum 2 years of working experience in their professions

*If bachelor’s degree in related discipline is a CGPA of less than 2.50, a minimum of 2 years working experience in a related field of diabetes management and education is required.
Why Study Diabetes Management and Education at IMU?

1. The Highest Qualification for Diabetes Management and Education in South East Asia
2. Flexible Blended Learning Model
3. Inclusive Curriculum for Multidisciplinary Learning
4. Innovative Curriculum for Career Advancement
5. Taught by Renowned Faculty in Diabetes
# How Much Does It Cost?

## Diabetes Management and Education Fees

All fees quoted are in Ringgit Malaysia unless stated otherwise.

All students for the inaugural intake 2019 of this programme will receive a 10% tuition fee bursary.*

### FEES OVERVIEW

<table>
<thead>
<tr>
<th>Fee</th>
<th>Amount (RM)</th>
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<tbody>
<tr>
<td>Application Fee</td>
<td>150</td>
</tr>
<tr>
<td>Registration Fee</td>
<td>1,100</td>
</tr>
<tr>
<td>Refundable Caution Deposit</td>
<td>2,000</td>
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<tr>
<td>Student Association Fee per Semester</td>
<td>40</td>
</tr>
<tr>
<td>Tuition Fee</td>
<td>25,200</td>
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<tr>
<td>Tuition Fee for Inaugural Intake</td>
<td>22,680</td>
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### FEES BY MODULES

<table>
<thead>
<tr>
<th>Module</th>
<th>Amount (RM)</th>
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<tbody>
<tr>
<td>Semester 1</td>
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<tr>
<td>DME7101 Management of Diabetes and Complications</td>
<td>4,200</td>
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<tr>
<td>DME7102 Diabetes Self-Management Education in Psychosocial Context</td>
<td>4,200</td>
</tr>
<tr>
<td>Semester 2</td>
<td></td>
</tr>
<tr>
<td>DME 7103 Care of Special Groups</td>
<td>3,360</td>
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<tr>
<td>DME 7104 Teaching and Learning in Diabetes Care</td>
<td>5,040</td>
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<tr>
<td>Semester 3</td>
<td></td>
</tr>
<tr>
<td>DME 7105 Research Methodology 1</td>
<td>3,360</td>
</tr>
<tr>
<td>DME 7106 Research Methodology 2</td>
<td>5,040</td>
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</tbody>
</table>

*Terms and conditions apply

- Application fee is payable upon submission of application.
- Registration fee and refundable caution deposit are payable upon acceptance of the offer letter issued by the IMU Admissions Office.
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The University reserves the right to alter or delete any of the information included at any time and it shall not be bound by any errors or omissions and cannot accept liability in respect thereof.

Please visit www.imu.edu.my for the most up-to-date information.

The IMU has been certified with ISO 9001: 2015 for the provision of Pre-University, Undergraduate and Postgraduate Programmes for the Medical and Healthcare Professions.

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