

Quit smoking

INTERNATIONAL

Medical

University (IMU)

has launched the

IMU Quit

Smoking Service

(IMU-QSS).

Pending for

approval by the

Ministry of Health,

IMU would be

working as one of

the M-Quit centres

that supports the

ministry's pledge

to reduce tobacco consumption by 30% in

Malaysia by 2025.

The Ministry of Health director of

Public Health, Dr Wan Mansur Hamzah

(pix) launched the IMU-QSS with IMU

personnel represented by IMU vice

chancellor, Prof Abdul Aziz Baba, deans

and project leader, Dr Sobia Bilal from

School of Dentistry.

Among the services offered by the

certified trainers include consultation,

screening, prescription of medication,

carbon monoxide tests, nicotine

replacement therapy, and follow up

counselling for relapse prevention.

IMU-QSS is available at IMU

Healthcare's Oral Health Centre, Bukit

Jalil Campus every Thursday from 9.15am

to 12.15pm and resumes from 2pm to 5pm.

The minimal cost to begin the

programme is RM50 for a period of three

months, and includes five 30-minute

sessions and one-week free treatment.

