

An inspiring award

CHONG Mei Sin is currently working as a senior nurse in one of the private hospitals in Malaysia. This year, she was awarded the Inspiring Nurse Leader Award during the Central Nurses Day 2018 organised by Parkway Pantai. At the time, Chong was an Assistant Nurse Manager in the Intensive Care Unit (ICU)/High Dependency Unit (HDU) in one of the hospitals of Parkway Pantai. Recently, she completed her Master's degree in nursing from a local university.

She relates her journey studying her degree in nursing and her working experience, "After STPM, I decided to pursue Bachelor of Nursing (Hons) in IMU. I was determined to not just be a nurse, but one who will make a change. I was very fortunate to be selected as one of the awardees for the full scholarship by IMU.

"In September 2005, I began my journey as one of the pioneer students in N105. I still vividly remember some activities, which included the health screening in an Orang Asli village, teaching in an orphanage, joining the IMU 15th anniversary 10km marathon and such.

"I enjoyed the clinical postings in Hospital Tuanku Ja'afar the most. We had clinical posting each semester supervised by experienced clinical instructors who motivated us to grab every single opportunity to enhance our knowledge and improve our clinical skills. Prior clinical postings, we had our lectures and simulated clinical skills practices in the skills laboratory.

"I enjoyed studying at IMU at many of its well-equipped facilities. In addition, I must say that my lecturers in IMU have encouraged me in many ways and inspired me to be a dedicated nurse. I have learned that nursing is not all about getting the tasks done and being a nurse is not all about caring for patients. Nursing is holistic and a nurse must possess knowledge, clinical skills and soft skills.

"After graduation, I worked in one of the private hospitals in Kuala Lumpur and was placed in ICU/Coronary Care Unit (CCU). In December 2011, I left for Saudi Arabia, as I was intrigued



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to experience the different working cultures in a foreign land and also the fact of getting a high-paying job.

"I started as a junior nurse in Cardiac Paediatric Surgical ICU and was promoted to senior nurse after I completed my probation. In the cardiac centre, I was given opportunities to care for many critically ill patients with rare abnormalities. I decided to come home after two years there."

IMU offers a four-year Bachelor of Nursing (Hons) programme. The nursing degree prepares a student to become a registered nurse, qualified to practise in a variety of settings in either the public or private healthcare sectors. Students are provided opportunities to learn a whole range of nursing skills in addition to acquiring knowledge related to nursing practice.

Commencement for the nursing programme is in September each year. IMU welcomes students with pre-university qualifications to join the university.

If you have pre-university qualifications, make an online application today. If you have just completed your SPM and do not have pre-university qualification, consider enrolling in the one-year IMU Foundation in Science, the direct route for entry into any of the university's degree programmes.

■ For more details, refer to www.imu.edu.my or e-mail start@imu.edu.my or call IMU at 03-2731 7272.