

IMU psychology students organises Our S.A.Y 2019

THE International Medical University (IMU) launched its first Our Society, Adults and Youths (Our S.A.Y) conference held at its campus in Bukit Jalil.

This is Malaysia's first public conference organised by youths (youths of IMU) for youths which reached out to parents, youths, educators and mental health practitioners to address pressing mental health issues faced by our youths.

Rising to the call of the nation to address youths' mental health, the IMU

Department of Psychology, Psychology Club and IMU Community Engagement in collaboration with Dignity for Children Foundation have taken a proactive step to promote in-depth awareness of the mental health and social issues.

The conference incorporated four major contemporary issues faced by society, namely, depression and anxiety, bullying and cyberbullying, substance abuse and addiction and also healthy relationships and harm reduction.

The event was officiated by the university Vice-Chancellor, Prof Abdul Aziz Baba.

In his welcoming speech he spoke about the importance of this event, accentuating the four major issues affecting the contemporary society.

Prof Aziz highlighted that educating the general public on the causes and proliferation of these issues among the youth is imperative for ensuring society is better informed on how to root them out.

