

AIA honours 15 firms for creating healthy work environment



Ng: It is our hope that Malaysia's Healthiest Workplace by AIA Vitality survey will continue to spur more positive action for the betterment of the Malaysian workforce. Photo by Patrick Goh

BY SYAHIRAH SYED JAAFAR

KUALA LUMPUR: Leading life and health insurance provider AIA Bhd has named 15 companies as winners of its annual Malaysia's Healthiest Workplace by AIA Vitality awards, recognising their respective efforts in promoting workplace health and creating a healthy environment for their employees.

The awards span across four main categories, namely Malaysia's Healthiest Employees, Malaysia's Healthiest Employer, Malaysia's Healthiest Workplace and Malaysia's Most Improved Workplace, with each listing three companies according to size.

For the Malaysia's Healthiest Employees category, the winners were Mindvalley, Agilent Technologies LDA Malaysia Sdn Bhd, and Technip Geoproduction (M) Sdn Bhd.

Additionally, there were three entities that were "highly commended", namely Yayasan Pahang, Fitness First Malaysia and Keysight Technologies Malaysia Sdn Bhd.

For the Malaysia's Healthiest Employer category, the winners were Yayasan Pahang, International Medical University (IMU) and Dell Global Business Center Sdn Bhd.

This was followed by three "highly commended" awards that went to Mindvalley,

UDA Holdings Bhd and Nestlé (Malaysia) Bhd. AIA also honoured companies for healthiest workplace, with the winners being Yayasan Pahang, IMU, and Dell. Meanwhile Mindvalley, Agilent and Top Glove Corp Bhd were "highly commended".

Malaysia's most improved workplaces were also acknowledged, with the winners being Yayasan Pahang, KPJ Pasir Gudang Specialist Hospital and McDonald's Malaysia. Those "highly commended" were Harveston Financial Advisory Sdn Bhd, Petrosains Sdn Bhd and Nestlé.

The awards were given out in conjunction with AIA's yearly Malaysia's Healthiest Workplace by AIA Vitality survey. This is the third year that AIA commissioned the survey, with participation from a record 230 organisations of different sizes and sectors across Malaysia, representing a combined workforce of 17,595 employees.

"The survey continues to highlight the prevalence of depression, anxiety, sleep insufficiency, to name a few, in our workforce which contributes to low levels of productivity in organisations," said AIA chief executive officer Ben Ng.

"There is a clear need for employers to first, recognise that a happier and well-rested workforce is a more productive one and

Malaysia's Healthiest Workplace by AIA Vitality 2019

WINNERS		HIGHLY COMMENDED
1. Malaysia's Healthiest Employees		
Small organisation (20-249 employees)	Mindvalley	Yayasan Pahang
Medium organisation (250-999 employees)	Agilent Technologies LDA Malaysia Sdn Bhd	Fitness First Malaysia
Large organisation (1,000 employees and above)	Technip Geoproduction (M) Sdn Bhd	Keysight Technologies Malaysia Sdn Bhd
2. Malaysia's Healthiest Employer		
Small organisation (20-249 employees)	Yayasan Pahang	Mindvalley
Medium organisation (250-999 employees)	International Medical University (IMU)	UDA Holdings Bhd
Large organisation (1,000 employees and above)	Dell Global Business Center Sdn Bhd	Nestlé (Malaysia) Bhd
3. Malaysia's Healthiest Workplace		
Small organisation (20-249 employees)	Yayasan Pahang	Mindvalley
Medium organisation (250-999 employees)	International Medical University (IMU)	Agilent Technologies LDA Malaysia Sdn Bhd
Large organisation (1,000 employees and above)	Dell Global Business Center Sdn Bhd	Top Glove Corp Bhd
4. Malaysia's Most Improved Workplace		
Small organisation (20-249 employees)	Yayasan Pahang	Harveston Financial Advisory Sdn Bhd
Medium organisation (250-999 employees)	KPJ Pasir Gudang Specialist Hospital	Petrosains Sdn Bhd
Large organisation (1,000 employees and above)	McDonald's Malaysia	Nestlé (Malaysia) Bhd

second, to promote interventions that don't just focus on physical and nutritional health but also mental well-being.

"It is our hope that Malaysia's Healthiest Workplace by AIA Vitality survey will continue to spur more positive action for the betterment of the Malaysian workforce," Ng said in his opening speech at the launch earlier.

The survey was offered free-of-charge to Malaysian companies with a minimum profile of 20 staff. In return for their participation, companies will receive a detailed organisational health report that helps them understand the health risk factors within their workforce, as well as the effectiveness of their health and wellness interventions.