

# Raising awareness on spinal health

FOR the 2019 World Spine Day (WSD) celebrations, students of IMU's Chiropractic programme under the Centre for Complimentary and Alternate Medicine, led by Dr Kamal H.B. Parbhoo assisted in spreading awareness to Malaysian sport youth teams as well as universities on how to protect their spine from an early age.

World Spine Day is a yearly event worldwide. Various events took place in the form of talks by Dr Kumaran D. Pillay to the National Dodgeball Team Malaysia, Malaysian Rugby Club, University KL, Archery team and football team.

A university in Bukit Jalil invited the WSD team in July to conduct spinal screening and a chiropractic talk with an interview on the benefits of WSD awareness.

The event was a success with chiropractic students screening almost 100 people and Dr Kumaran and Dr Kamal assisting with an emergency case during the WSD event. In August, Semesters 7 and 8 chiropractic students performed spinal screening at the International Medical College Breast Cancer Awareness Week. The WSD executive committee took the initiative in extending WSD



activities to the cancer awareness week to promote spinal care in relation to breast cancer as it may spread to the spine.

The WSD executive committee and team displayed enthusiasm in accomplishing an exhilarating opening ceremony on Oct 14, 2019 for World Spine Day.

The event was attended by Prof Abdul-Aziz Baba and Prof Peter Pook who gave a few words on their appreciation for chiropractic and WSD. The chiropractic lecturers and colleagues from other departments also attended the event. Many events and talks were held leading to the opening cere-

mony such as spinal screenings and educational spinal awareness lectures at various universities.

The executive committee and team members were active in making the spinal screening events a success, especially the opening ceremony where they unveiled the Spine Interactive Model (SIM).

The chiropractic team – Charishma – initiated collaboration with an engineering company and built a three-dimensional model depicting the last three vertebrae of the lumbar spine – the first of its kind where the public got to view and feel a dysfunctional, pathological and normal vertebral

Various events were held in conjunction with World Spine Day.



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Dr Eric Mumbauer also shared some clinical knowledge to help with spinal awareness.

IMU is the first and only university to offer the complete chiropractic educational programme in Malaysia and all of South-East Asia. The four-year Bachelor of Science (Hons) Chiropractic programme at IMU was awarded full accreditation by the prestigious Council on Chiropractic Education, Australasia (CCEA) and is accepted by renowned international universities in Australia and the UK for credit transfer into their chiropractic programmes. Intake is in

January and July each year.

If you have a desire to be a healthcare professional that is rapidly expanding throughout the world, apply now for an excellent start. If you have just completed your SPM and do not have pre-university qualification, consider enrolling in the one-year IMU Foundation in Science, the preferred foundation and direct route for entry into any of the university's local degree programmes.

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