

# IMU GROUP'S GUIDELINES

## When to Wear a Mask

### Mandatory to wear Face Mask



If COVID-19 positive

When caring for or dealing with patients in a health facility, as per infection and prevention control practices



If having respiratory symptoms (eg cough, flu, sore throat, etc)



If you are symptomatic but tested negative for COVID-19, please wear a mask when at campus

### Encouraged to wear Face Mask



If you belong to a high risk group (Senior citizens, the chronically ill, those with low immunity and pregnant ladies)



If you're in a poorly ventilated / crowded areas



When using public transport (Bus / Taxi / E-hailing vehicles / Train / Aeroplane and Employee / School shuttle)

## Managing COVID-19 Positive Cases



- Update your MySejahtera app
- A HSO (Home Surveillance Order) will be issued by the MySejahtera app
- The quarantine period is 5 days
- Inform your HOD / Mentor



Upon release from HSO (Home Surveillance Order), please observe the following until Day 10:



Wear a face mask when leaving the house



Observe good hand hygiene



Avoid going to crowded areas



Travel for essential matters only



Avoid visiting high risk individuals (Senior citizens, the chronically ill, those with low immunity and pregnant ladies)