



IMU STUDENT DIETETICS CLINIC – HEAL WITH FOOD, CONSULT A DIETITIAN

by the IMU Final Year Students of Dietetics with Nutrition

Introduction

The IMU Student Dietetics Clinic (SDC) offers individual dietary consultations to people with specific medical conditions. We utilise the latest scientific evidence in providing quality care to our patients. This clinic serves as a platform to provide students with a safe and supportive learning environment to develop their dietetic skills to achieve desired competencies as dietitian. The IMU SDC is led by the final year dietetics students under the direct supervision of qualified and experienced IMU dietitians.

What Services are We Providing?

Our students provide individualised dietary advice for a range of medical conditions including Weight management, Diabetes, High Blood Pressure, High Blood Cholesterol, Chronic Kidney Disease, Anaemia, Irritable Bowel Syndrome, Acid reflux disease, Gastritis and Gout.

How to Register for Appointment Slot?

You can book an appointment with our clinic via this link: <https://forms.office.com/r/HFfyng9gy9> , if you have any concerns as stated below:

- You have a health condition as stated above OR
- You are recovering from a health issue as stated above OR
- You are considering a preventive approach from the aspect of diet

The appointment date and time is subject to availability. We will get in touch with you to confirm the final appointment details.

What Can a Patient Expect?

The individual consultation will take place physically at the Student Dietetics Clinic (SDC) (located next to Pandan Serai Café at Level Lower Ground Car Park) of the International Medical University (No. 126, Jalan Jalil Perkasa 19, 57000 Kuala Lumpur, Federal Territory of Kuala Lumpur).

Your first consultation with us will take approximately 40 minutes to 1 hour. During the first session of individual consultation, we will have 1 student dietitian who will conduct the consultation under the supervision of a qualified and, experienced IMU dietitian alongside another student as an observer (with patient's permission). The flowchart below showed how will the consultation goes.

The flow of the individual diet consultation:

Nutrition assessment

- You will be asked questions relating to your diet, lifestyle, health history, etc
- Student dietitian will discuss findings with the clinical instructor for 5-10 minutes before giving any dietary advice or recommendations.



Nutrition intervention

- You will be given personalized nutrition and lifestyle recommendations, these will include menu plan, recipe ideas etc.

Follow up appointments which will take about 30 minutes will be scheduled as and when required to monitor the treatment progress.

How Much Does a Consultation Cost?

The consultation is free of charge regardless of first visit or follow-up visit.

Do Patients Have to Bring Anything Before Visiting?

For verification purposes at the registration counter on the day of consultation, patients are required to bring:

- ✓ For Malaysians: Patient's original Identity Card (IC)
- ✓ For Non-Malaysians: Patient's Passport

On the first consultation, patients are advised to bring along their:

- ✓ Medical history report
- ✓ Blood test report
- ✓ Or any other documents about patient's dietary concerns.

How About Confidentiality?

Before the consultation, you will be given a consent form to sign. For the protection of your confidentiality, we use a registration number instead of name, address, etc. All personal information is solely for consultation and educational purposes only.

We are aware of confidentiality requirements and have signed agreements to this effect. The university will ensure all personal identifiers taken outside the clinic will not be disclosed.

Want to Know More? Reach Out to Us



SDC

Student Dietetics Clinic



WE PROVIDE INDIVIDUAL DIET PLAN FOR:

- Weight Management
- Diabetes
- High Blood Pressure
- High Blood Cholesterol
- Chronic Kidney Disease
- Anaemia
- Irritable Bowel Syndrome
- Acid reflux disease, Gastritis
- Gout



**Book appointment
NOW:**

✓ Scan QR to register:



**FREE OF
CHARGE**

For more information,
find us at:

✉ imusdc@imu.edu.my

📷 [@imu_sdc](https://www.instagram.com/imu_sdc)

📘 IMU Student Dietetics Clinic

<https://forms.office.com/r/HFfymg9gy9>

📍 Visit us at:

International Medical University Bukit Jalil (Main Campus),
Nutrition and Dietetics Lab.
(Next to Pandan Serai Cafe at Level LG Car Park)

🕒 Operating Hours:

*Monday - Thursday (10:00am - 4:00pm)
*Appointment subject to availability