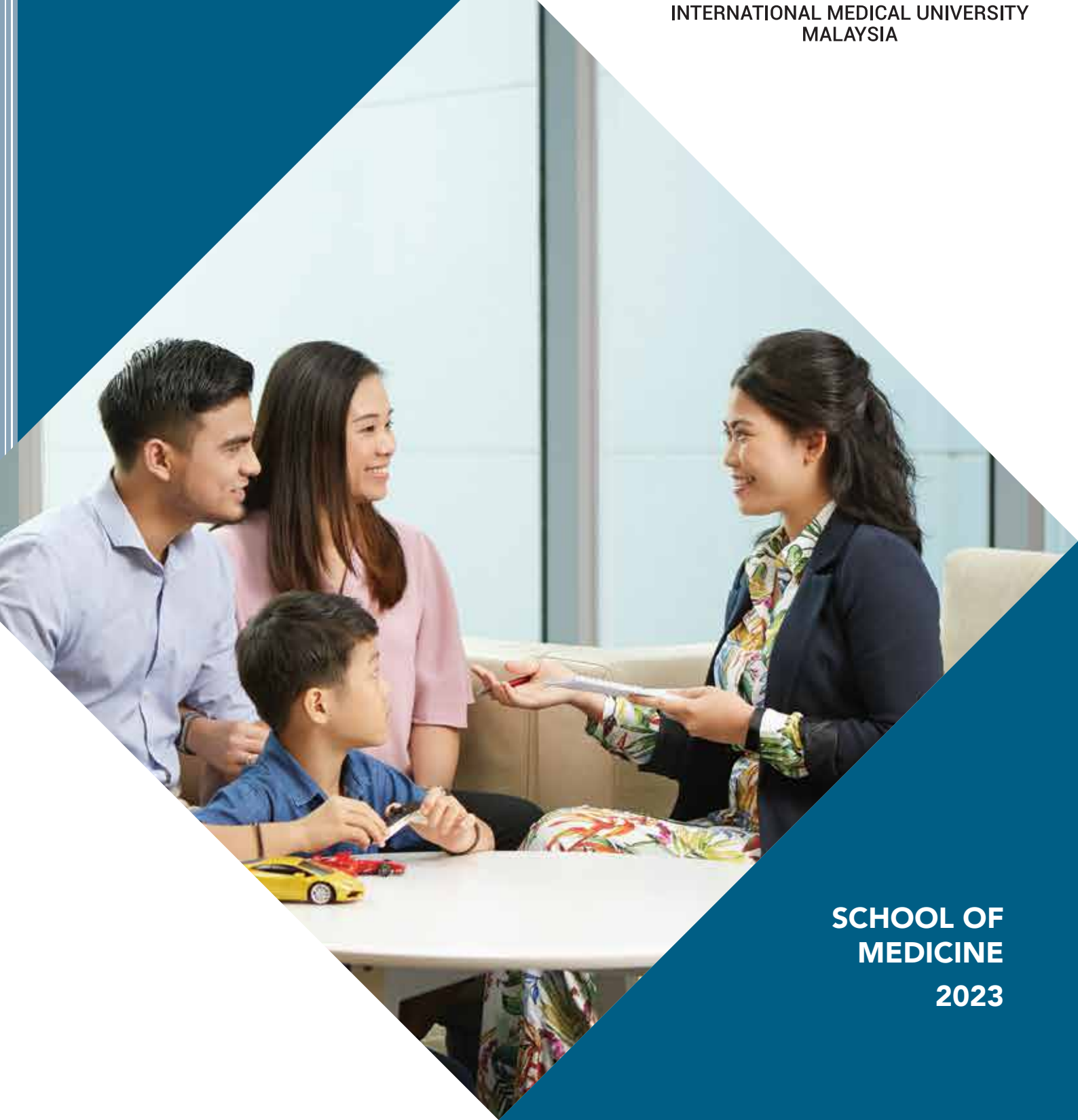


COUNSELLING

Master



INTERNATIONAL MEDICAL UNIVERSITY
MALAYSIA



**SCHOOL OF
MEDICINE
2023**

What is IMU's Counselling Programme About?



*Experiential learning:
Students engaging in
role-playing scenarios.*

OVERVIEW

The IMU Master of Counselling focuses on developing counsellors with professional attitude, knowledge, skills and competencies in the areas of counselling practice and research. This programme provides practical skills training on par with local and international standards for graduates of the programme to take up leadership positions in the fields of counselling, education, research and management.

The programme is accredited by the Malaysian Qualifications Agency (MQA) and fulfills the requirement standards established by the Malaysian professional counselling body; the Malaysian Board of Counsellors (Lembaga Kaunselor Malaysia).

Hence, the graduates of the programme will be eligible to apply for registration and practice of counselling with the Malaysian Board of Counsellors.

DEGREE / DURATION

Master of Counselling

2 years (full-time)

4 years (part-time)

COMMENCEMENT

September

A Word from the Programme Director

“ The IMU Master of Counselling aims to equip students with counselling skills to become a licensed professional counsellor. Apart from gaining knowledge from the core modules, the programme offers choices of training in various specialities including marriage and family counselling, crisis, trauma and grief counselling, and expressive art therapy. This training equips graduates with additional practical skills and advanced knowledge to work with clients from diverse populations. ”

DR NICOLE CHEN LEE PING

Senior Lecturer and Programme Director

BCouns (UM), MCouns (UM), PhD Couns (UM), K.B.; P.A.

How Does the Programme Work?

PROGRAMME STRUCTURE

To strengthen students' learning, the programme incorporates case-based scenarios and reflective practice as part of the curriculum. The following is the list of modules offered:

1. Human Development across the Lifespan
2. Theories of Psychotherapy
3. Theories of Career Counselling
4. Ethical and Professional Issues in the Helping Professions
5. Multi-cultural Counselling
6. Information, Personnel and Career Development
7. Psychological Testing and Assessment
8. Abnormal Psychology and Clinical Assessment
9. Counselling Skills
10. Research Methods
11. Group Counselling
12. Counselling Practicum
13. Research Project
14. Counselling Internship
15. Elective option 1 – Focused on Marriage and Family Counselling
16. Elective option 2 – Focused on Crisis, Trauma and Grief Counselling
17. Elective option 3 – Focused on Expressive Art Therapy

ASSESSMENT

The IMU Master of Counselling programme uses both continuous and final assessments in assessing students. Most of the modules employ continuous assessment with a variety of assessment methods including practical skills evaluation, reflective writing, self-evaluation, critique report etc. As for the final assessment, students will go through tests which focus on evaluating students' critical thinking, integration ability as well as competency in theory application.

ENTRY REQUIREMENTS

- A Bachelor's Degree in the field or related fields with a minimum CGPA of 2.75 or equivalent, as accepted by the University's Senate; or
- A Bachelor's Degree in the field or related fields or equivalent with a minimum CGPA of 2.50 and not meeting CGPA of 2.75, can be accepted subject to rigorous internal assessment; or
- A Bachelor's Degree in the field or related fields or equivalent with minimum CGPA of 2.00 and not meeting CGPA of 2.50, can be accepted subject to a minimum of 5 years working experience in the relevant field and rigorous internal assessment.
- Candidates need to undergo an interview assessment upon request by the school.

ENGLISH LANGUAGE REQUIREMENTS

For Malaysian Students

Not applicable

For International Students

1. IELTS : Band score 5.0; or
2. TOEFL (iBT) : Overall score of 42; or
3. Cambridge English : Advanced (CAE) : Overall score of 154; or
4. Cambridge English : Proficiency (CPE) : Overall score of 154; or
5. Cambridge Linguaskill : Overall score of 160; or
6. Pearson Test of English (PTE) : Overall score of 47;

The following categories of students are exempted from the above requirements:

1. International students from countries in which English is the first language.
2. International students who graduated from any Malaysian or other institutions where the curriculum is delivered in English.

CAREER PATHWAY

Graduates completing this programme are eligible to apply for registration with the Malaysian Board of Counsellors (Lembaga Kaunselor Malaysia). Upon receiving approval from the board as a registered and licensed counsellor, graduates can practise in a variety of work settings, including schools, universities, community agencies, psychology centres, corporate workplaces, private practice, hospitals, and government departments. Graduates also have the option to set up their very own private counselling centre, social enterprise, training centre or community centre.

Learn from Our Experienced Lecturers



DR NICOLE CHEN LEE PING

Senior Lecturer and Programme Director
BCouns (UM), MCouns (UM),
PhD Couns (UM), K.B.; P.A.

Dr Nicole Chen is a Senior Lecturer in the Psychology Department at the International Medical University. She has been working as a counsellor and trainer since 2001 in different counselling settings in non-governmental organisations, educational institutions, and private counselling centres. She is a registered counsellor under the Board of Counsellors of Malaysia. She is an active board member in Malaysian Marriage and Family Therapy Association (MyMFT).



DR TEOH GAI KIN

Senior Lecturer and Programme Director
BCouns (UM), MCouns (UM),
PhD Couns (UM), K.B.; P.A.

Dr Teoh is a lecturer in the Psychology Department at the International Medical University (IMU). She is a registered counsellor and practised as a counsellor since 2001 in NGOs. Her PhD research focused on marital strengths of long term married couples. Her postdoctoral research focused on building community partnerships. She has published articles, a book chapter and books in areas such as promoting active ageing, marriages, and community-based participatory research.



DR FOO FATT MEE

Lecturer
BSc (UPM), MEd (UPM), PhD (UPM),
K.B.;P.A.

Dr Foo is a lecturer in the Psychology Department at International Medical University and a registered counsellor under the Board of Counsellors of Malaysia. She is a quantitative researcher and she primarily delivers research, statistics and counselling training at tertiary education level. She has also presented her research works in both local and international conferences in the area of marital relationship and parent-child relationship.



KENNY NG SUET CHOON

Lecturer
BSocS (Hons) Psychology (UTAR)
M Couns (HELP)
K.B., P.A.

Kenny Ng is a lecturer in the Psychology Department at International Medical University. He is a registered counsellor under the Board of Counsellors in Malaysia and has practised as a counsellor since 2017. In his practice, he works with different populations, such as refugees, at-risk children and individuals who experience traumatic events. He also offers supervision to counsellors and trainee counsellors. His research passion is in trauma, grief and loss and psychotherapy intervention.

Learn from Our Experienced Lecturers



DR SERENA IN

Head of Department, Clinical Psychologist and Lecturer
PhD Psychology (Monash University, Australia),
M.Clin Psych (HELP University),
BSc (Hons) Psychology (Upper Iowa, USA)



CHERYL THAM SIN YI

Clinical Psychologist and Lecturer
BPsych (Hons) (HELP University),
PGCert Special Needs (University of Nottingham),
MClin Psych (HELP University)



DR SHAMALA RAMASAMY

Senior Lecturer
PhD in Education (Asia E-University),
MA in Industrial & organisation Psychology (UKM),
BSc in QS (UTM)



LOW YAW DONG

Lecturer
MClin Psych (HELP University)
BSc Psychology (UIU)

What Our Students Say

“ For me, it has been a life changing journey – I have gained invaluable experiences through the coursework and activities, that had given me the opportunity to reflect on my journey so far, tap into my inner world and gain a deeper level of understanding of myself. My learning has also been enriched by the nurturing environment the lecturers had provided for me. The programme also provides a counselling centre (Psychology and Counselling Learning Centre) where students are able to practice their counselling skills, equipped with high-tech recording facilities for assessment and evaluation purposes. Besides that, counselling tools such as cards, sand tray and expressive art materials are also provided for the students to help facilitate the counselling sessions. The MOC programme does not only hold a space for learning, but a place with a true sense of constant growth and belonging. ”

Tiara Wong Hwei Jun

“ For me, the Master of Counselling is a journey sailing in the uncharted sea. I am humbled and amazed by all the things I am learning and yet to be learned. This programme is more than just getting me equipped with knowledge and skills to be a professional counsellor; it also allows me to learn more about myself, human and life. Although there are no standard answers to many of the topics I am learning, in my opinion, knowing what I do not know is already a great step, and we can only progress by acknowledging our ignorance; as Socrates said, “True knowledge exists in knowing that you know nothing. ”

Lim Shuang Ao

“ Studying counselling at IMU is not just about learning skills and knowledge, but it is more like a journey of self discovery and growth. Expressive Arts Therapy module is an eye-opener to endless possibilities in this profession. Supportive lecturers and peers enhance the learning atmosphere and motivate me to step out of my comfort zone. I am blessed to be among this pioneering batch of students. ”

Kuah Rui Ning

“ The learning I have experienced has been very rich and meaningful as I continuously gain more insight into the human experience. This experience has allowed me to go through the process of a deeper sense of awareness as I learn more about myself and my family of origin. I feel more ready to embrace myself and others gently and authentically. ”

Priscilla Edna Moreira

Why Study Counselling at IMU?

1 **An Established Private Healthcare University**

IMU is Malaysia's first and most established private medical and healthcare university with over 30 years of dedicated focus in healthcare education. IMU achieved the SETARA - 2018/2019 Tier 6 status (Outstanding) under the Mature University category.

2 **Specialty Training**

To cater to the diverse population with specific needs, students will be offered areas of specialised training to focus on, which includes Marriage and Family Counselling, Crisis, Trauma and Grief Counselling, or Expressive Art Therapy.

3 **Serving the Community**

To enhance the learning experience, students will be participating in IMU Cares Community projects related to mental health activities such as counselling, psychoeducation, assessments and other activities to promote mental wellness.

4 **Multidisciplinary Learning**

To increase the ability to support clients, students will work closely with different healthcare professionals to co-construct an intervention plan with clients' best interests.

5 **Platform to Practice**

To enhance the practical learning experience, students will have the opportunity to practise in the IMU Psychology and Learning Centre and established centres with close supervision of qualified counsellors and psychologists. This will provide students with an up-close experience to help clients in an integrated counselling, psychology and healthcare setting.

CONTACT US

✉ start@imu.edu.my

🌐 www.imu.edu.my

🐦 IMUMalaysia

☎ +603 2727 7515

📘 InternationalMedicalUniversity

PROGRAMMES AT IMU

Pre-University

Foundation in Science

KPT/JPT(R2/010/3/0186)09/2028
MQA/FA3974

Undergraduate

Biomedical Science

KPT/JPT(R3/421/6/0011)12/2027
MQA/A8230

Chinese Medicine

KPT/JPT(R2/721/6/0059)01/2027
MQA/A10260

Chiropractic

KPT/JPT(R/726/6/0054)08/2026
MQA/A9294

Dentistry

KPT/JPT(R3/724/6/0010)01/2030
MQA/FA7026

Dietetics with Nutrition

KPT/JPT(R2/726/6/0021)09/2029
MQA/A8176

Digital Health

KPT/JPT(N/482/6/0209)03/2028
MQA/PSA14380

Medical Biotechnology

KPT/JPT(R2/545/6/0014)09/2027
MQA/FA15505

Medicine

KPT/JPT(R2/721/6/0033)09/2026
MQA/FA6155

Nutrition

KPT/JPT(R2/726/6/0011)06/2027
MQA/FA1298

Nursing

KPT/JPT(R/723/6/0125)04/2027
MQA/FA8944
KPT/JPT(N-DL/0913/6/0001)09/2029
MQA/PA14397

Pharmaceutical Chemistry

KPT/JPT(R3/442/6/0003)01/2028
MQA/A8229

Pharmacy

KPT/JPT(R2/727/6/0050)09/2026
MQA/FA8374

Psychology

KPT/JPT(R3/311/6/0013)09/2027
MQA/A8177

Postgraduate

Acupuncture (MSc)

KPT/JPT(R/721/7/0071)03/2027
MQA/SWA8570

Analytical & Pharmaceutical Chemistry (MSc)

KPT/JPT(R2-CDL/442/7/0001)01/2027
MQA/FA1191
KPT/JPT(N-DL/442/7/0022)02/2026
MQA/PSA11367

Business Administration in Healthcare Management (PG Cert/PG Dip/Master)

KPT/JPT(R/345/7/1082)09/2028
MQA/PSA11354
KPT/JPT(R/345/7/1090)12/2028
MQA/SWA11355
KPT/JPT(R/345/7/1085)10/2028
MQA/SWA11353

Clinical Psychology (Master)

KPT/JPT(N/0313/7/0001)07/2027
MQA/PSA15641

Counselling (Master)

KPT/JPT(N/762/7/0046)09/2026
MQA/FA12002

Diabetes Management & Education (PG Dip)

KPT/JPT(R/726/7/0030)01/2028
MQA/SWA9086
KPT/JPT(N-DL/0915/7/0004)11/2027
MQA/PSA16046

Endodontics (PG Dip)

KPT/JPT(N/724/7/0043)05/2024
MQA/SWA12162

Health Informatics and Analytics (PG Cert/PG Dip/Master)

KPT/JPT(N/720/7/0131)09/2025
MQA/SWA13973
KPT/JPT(N/720/7/0130)09/2025
MQA/PSA13972
KPT/JPT(N/720/7/0129)09/2025
MQA/SWA13974

Health Professions Education (PG Cert/PG Dip/Master)

KPT/JPT(R/145/7/0066)09/2025
MQA/SWA05162
KPT/JPT(R/145/7/0064)09/2025
MQA/PA5163
KPT/JPT(R/145/7/0070)09/2025
MQA/SWA5164
KPT/JPT(N-DL/145/7/0120)02/2026
MQA/SWA14379

Implant Dentistry (PG Dip)

KPT/JPT(R/724/7/0019)06/2026
MQA/SWA6111

Molecular Medicine (MSc)

KPT/JPT(R2/545/7/0078)07/2027
MQA/FA1299
KPT/JPT(N-DL/545/7/0101)09/2025
MQA/SWA11357

Pharmacy Practice (Master)

KPT/JPT(R/727/7/0051)03/2024
MQA/SWA02796

Prosthodontics (PG Dip)

KPT/JPT(N/724/7/0042)05/2024
MQA/SWA12163

Public Health (MSc)

KPT/JPT(R2/720/7/0077)09/2025
MQA/A10261
KPT/JPT(R-DL/720/7/0811)09/2028
MQA/SWA11356

Medical & Health Sciences (MSc/PhD)

KPT/JPT(R2/720/7/0049)06/2026
MQA/A10618
KPT/JPT(R2/721/8/0043)01/2027
MQA/A3767



INTERNATIONAL MEDICAL UNIVERSITY
MALAYSIA



International Medical University

126, Jalan Jalil Perkasa 19, Bukit Jalil 57000 Kuala Lumpur, Malaysia

Tel +603 8656 7228 Fax +603 8656 1018 KP/JPS/5195/US/2, KP(JPS)/DFT/US/W03



The IMU has been certified with ISO21001:2018 and ISO 45001:2018 for the provision of Pre-University, Undergraduate and Postgraduate Programmes for the Medical and Healthcare Professions.

Every effort has been made to ensure the accuracy of the information given in this brochure but it is subject to alteration without notice. The University reserves the right to alter or delete any of the information included at any time and it shall not be bound by any errors or omissions and cannot accept liability in respect thereof. Please visit www.imu.edu.my for the most up-to-date information.