

NUTRITION

KPT/JPT(R2/726/6/0011)06/2027 | MQA/FA1298

Build healthier communities by building others through dietary choices

Society has increasingly acknowledged that nutrition and a wholesome diet are essential factors for achieving and maintaining good health, underscoring the importance of a Bachelor of Science in Nutrition. Qualified nutritionists are pivotal in advocating healthy lifestyles and fostering optimal wellness. IMU will equip you to be job-ready, with the ability and knowledge to pursue diverse career paths, including becoming food industry nutritionists, public health educators, sports nutritionists or wellness coaches. These career choices open doors for jobs in food and nutrition businesses, clinics, schools, research institutions, fitness centres or even private practices and entrepreneurship. Join us in making a meaningful impact and contributing to the well-being of individuals and communities.

Degree / Duration

Bachelor of Science (Hons) in
Nutrition (IMU)
3 years

Degree from Partner University
3 years

Commencement

Jul / Sep

Partner University

Australia



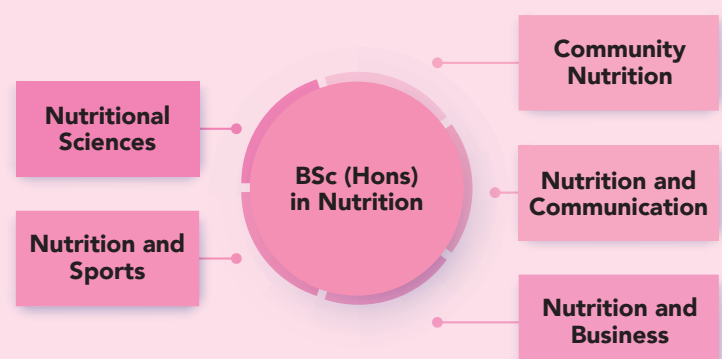
Assessment

Students will be assessed through:

- Class tests • Practicals • Assignments • Projects • Reflective journals • Problem-based learning
- Presentations • Thesis • End-of-semester (EOS) exams • Objective Structured Practical Examinations (OSPE)

Career Pathways

Nutritionists work with food industries to develop healthier food options, be it in the forms of menu options or product development sold on the shelves, and ensure compliance with labeling regulations. Nutritionists help athletes and fitness enthusiasts optimise their performance by designing personalised nutrition plans for endurance enhancement, muscle recovery and overall health. Nutritionists are often employed by corporations to promote employee health and well-being through wellness programmes, workshops, and initiatives that focus on healthy eating.



◆ Opportunities for Nutritionists

Key Area	Role / Responsibility	Potential Work Setting
Nutrition and Business	<ul style="list-style-type: none"> • Provision of consultancy and professional advice in various sectors • New product development • Provide product training and education to healthcare professionals • Scientific affairs and regulatory • Nutrition marketing and communication 	<ul style="list-style-type: none"> • Food and health industries • Nutritional supplement companies • Nutrition companies • Private consultancy • Nutrition entrepreneur
Community Nutrition	<ul style="list-style-type: none"> • Assessment of nutritional status and needs • Dissemination of nutrition education and health promotion to individuals and groups • Plan, develop, execute, monitor and evaluate the nutrition programmes • Develop guidelines and policies • Formulation of nutrition programmes and food safety regulations 	<ul style="list-style-type: none"> • Government health clinics • Wellness and health centres • Diagnostic centres • Schools • Government agencies
Nutritional Sciences	<ul style="list-style-type: none"> • Conduct community and nutritional sciences research • Product development in food and nutrition related fields 	<ul style="list-style-type: none"> • Research centres • Food and health industries • Universities
Nutrition and Sports	<ul style="list-style-type: none"> • Assessment of nutritional status and dietary needs • Dissemination of nutrition education and health promotion to individuals and groups • Meal planning and nutritional support for performance and recovery 	<ul style="list-style-type: none"> • Sports centres • Fitness centres • Wellness and health centres
Nutrition and Communication	<ul style="list-style-type: none"> • Dissemination of nutrition education and health promotion to individuals and groups • Content development and social media 	<ul style="list-style-type: none"> • Media and Journalism • Food and health industries • Digital health and wellness industry • Social media marketing

◆ Our Alumni

Our alumni have embarked on diverse and promising career paths across various industries. Our graduates are a true testament to the versatility of their education, as they continue to excel in a wide range of professional healthcare fields. Scan the QR code to see where our graduates are today.

Scan here



Programme Structure

MPU Short Semester	Semester 1	Semester 2	Semester 3
MPU1: Penghayatan Etika & Peradaban / Bahasa Melayu Komunikasi 2* <hr/> MPU1: Falsafah & Isu Semasa <hr/> Option 1: English for Health Sciences / Academic Communication <hr/> Option 2: Bahasa Kebangsaan A** <hr/> MPU3: Integrity & Anti-Corruption <hr/> **Option 1: Students with credit in BM Option 2: Students without credit in BM	Professionalism in Nutrition & Dietetics <hr/> General Chemistry <hr/> Organic Chemistry <hr/> Genetics <hr/> Human Biology <hr/> Principles of Human Nutrition	Basic Biochemistry <hr/> Food Culture & Nutrition <hr/> Principles of Food Preparation <hr/> Nutritional Assessment Methods <hr/> Lifespan Nutrition <hr/> Analysis of Nutrients <hr/> Social Responsibility	Nutrients & Metabolism <hr/> Nutrition, Health & Fitness <hr/> Food Safety & Regulations <hr/> Contemporary Nutrition <hr/> Entrepreneurship <hr/> Statistics for Nutrition <hr/> Research Methods in Nutrition <hr/> Selective: Foundation in Food Science / Exercise Physiology
Semester 4	Short Semester 1	Semester 5	Short Semester 2
Community Nutrition <hr/> Food Service Management 1 <hr/> Sports Nutrition <hr/> Scientific Communication in Nutrition <hr/> Nutritional Epidemiology <hr/> Diet, Lifestyle & Non Communicable Diseases <hr/> Research Project in Nutrition 1	Principles of Marketing: Application in Nutrition <hr/> Nutrition of Maternal & Child Health <hr/> Functional Foods, Nutraceuticals & Supplements	Health Promotion & Programme Management in Nutrition <hr/> Nutrition Education & Communication <hr/> Food Security & Sustainable Nutrition <hr/> Research Project in Nutrition 2 <hr/> Selective: Introduction to Traditional Chinese Medicine / Introduction to Healthcare Data Analytics / Physical Conditioning	Practicum 1
Semester 6			
Practicum 2			

Curriculum is reviewed periodically and subject to change.

MPU modules are compulsory, imposed by the Ministry of Higher Education under the Private Higher Educational Institutions Act 1996 (Act 555). Every student must pass all modules as a prerequisite for the awarding of the degree.

Students will undergo Practicum in relevant community settings and industry.

Programme Fees

Fees Overview

All fees quoted are in Ringgit Malaysia unless stated otherwise.

Fee	Amount (RM)	
	Malaysian Student	International Student
Application Fee	150	500
Registration Fee	850	2,000
Refundable Caution Deposit	1,000	1,000

Application fee is payable upon submission of application • Registration fee and refundable caution deposit are payable upon acceptance of the offer letter issued by the IMU Admissions Office • As stipulated by the Malaysian Ministry of Education, international students are required to pay Student Visa Application fee of RM2,500 AND personal bond (depending on nationality) upon registration • International students will also be required to pay Student Visa Renewal fee every year • Students must adhere to the "Policy on Payment of Fees" • All students are required to pay Student Association Fees of RM40 per semester • All tuition and ancillary fees are subject to annual increases, currency exchange rates, and exclusive of levy and bridging fees (if any) • Application fee and Registration fee is non refundable • All students who are applying for the National Higher Education Fund (NHEF) loans are required to pay their semester fees in FULL by the due date stated in the invoice.

Tuition Fees

	Total Duration (years)	At International Medical University (IMU)						At Partner University (PU)		
		Years	Total Semesters	Tuition Fee				Estimated Tuition Fees at Partner University		
				Malaysian Student		International Student		Years	Total Semesters	Tuition Fee Per Year
				Per Semester	Per Year	Per Semester	Per Year			
Bachelor of Science (Hons) in Nutrition (IMU)	3	3	6	21,000	42,000	22,000	44,000	-	-	-
Credit Transfer to Deakin University <i>Bachelor of Nutrition Science</i>	3	2	4	21,000	42,000	22,000	44,000	1	2	AUD 38,800

International Medical University

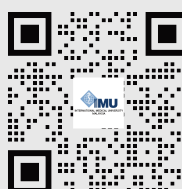
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KP/JPS/5195/US/2, KP(JPS)/DFT/US/W03



The IMU has been certified with ISO21001:2018 and ISO 45001:2018 for the provision of Pre-University, Undergraduate and Postgraduate Programmes for the Medical and Healthcare Professions.



Want to learn more?
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