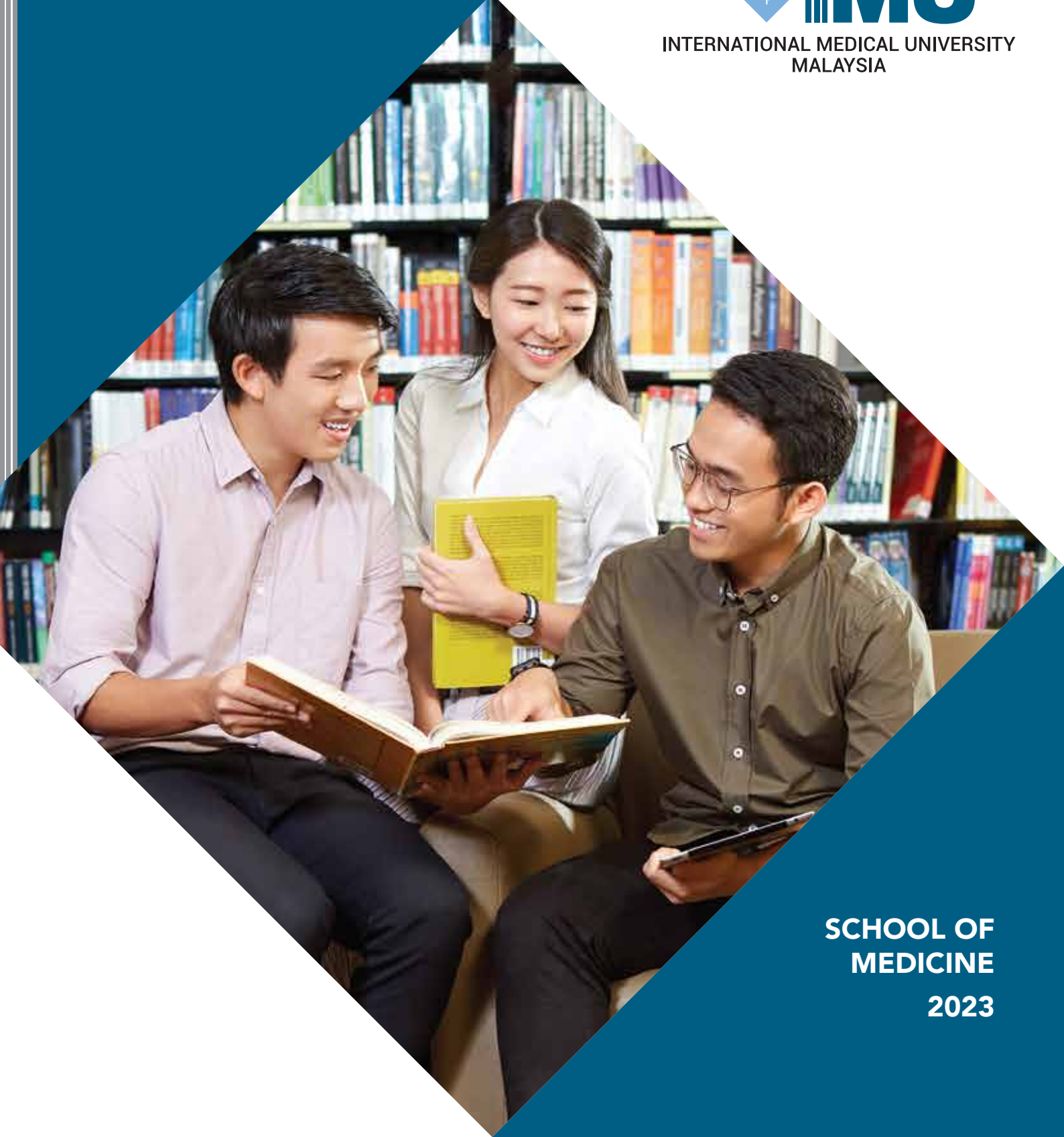


PSYCHOLOGY



**INTERNATIONAL MEDICAL UNIVERSITY
MALAYSIA**



**SCHOOL OF
MEDICINE
2023**

What is IMU's Psychology Programme About?



Students engaging in self-directed learning after classes.

OVERVIEW

Students have the opportunity to study the entire 3-year psychology programme in IMU and will then be awarded a degree by the University. The curriculum for this programme has been developed to meet international standards, and is recognised by the University of Newcastle, Australia, and University of Strathclyde, United Kingdom, for credit transfer into their psychology programmes.

In order to foster the best integration of theory and practice, students are provided with a challenging academic environment as well as opportunities to observe psychology being applied in real-life and simulated settings. One key feature of the IMU Psychology programme is the enriching student experience via attachment (a 12-week attachment with industry partners or NGOs). Supervised practical attachments at various sites such as hospitals, counselling centres, special education

centres, non-government organisations and corporate sectors enable students to further consolidate their understanding and application of psychology. In addition, these attachments will provide students with the invaluable experience of working with various communities from the young to the aged.

DEGREE / DURATION

**Bachelor of Science (Hons)
Psychology (IMU)**
– 3 years

**Degree from partner
universities**
– 4 - 5 years

COMMENCEMENT

February and September

PARTNER UNIVERSITIES

AUSTRALIA



UNITED KINGDOM



A Word from the Programme Director

“IMU’s Bachelor of Science (Hons) in Psychology provides undergraduates with a unique blend of academic knowledge and applied professional skills. A psychology degree from IMU could open doors to many different opportunities! This degree could be a solid foundation for different postgraduate trainings that lead towards professional careers in the psychology field; a holistic programme that equip undergraduates with diverse knowledge and applied skills in the workplace. Taught, supervised, and mentored by a group of experienced psychology educators, our undergraduates in this programme are equipped to graduate with confidence, compassion and competence to stand out in their future careers.”

DR NG JOO HOU (JOSHUA)

Lecturer and Programme Director

B Soc Sc (Hons) Psychology (UKM), M Coun (HELP),

MSc Soc Org Psych (UoE) PhD Soc Env Psych (UoE)

How Does the Programme Work?



Active group discussion on how different cultures shape people's thinking and behaviour.

PROGRAMME STRUCTURE

GENERAL MODULES

YEAR	YEAR	YEAR
1	2	3
Introductory Psychology	Social Psychology	Thesis I
Learning	Abnormal Psychology	Thesis II
Personality	Health Psychology	Industrial Attachment
Quantitative Research Methods	Industrial and Organisational Psychology	2 Psychology Selectives
Statistics for Psychology	Professionalism and Ethical Issues in Psychology	3 General Selectives
Biopsychology	Motivation and Emotion	Experiential Learning Elective
Cognitive Psychology	Neuropsychology	
Infancy and Childhood	Introduction to Clinical Psychology	
Adolescence and Adulthood	Cross-cultural Psychology	
Qualitative Research Methods	Leadership and Social Entrepreneurship	
MPU Subjects	2 Psychology Selectives	
	2 General Selectives	
	Experiential Learning Elective	

SELECTIVE MODULES

Counselling Skills

Psychological Testing and Assessment

Introduction to Psychotherapy

Positive Psychology

Learning Disabilities

Forensic Psychology

Educational Psychology

Psychology of Human Sexuality

Addiction and Behaviour

Sports and Exercise Psychology

Family and Relationship Psychology

Note: Students will take 4 Psychology Selectives in fulfillment of their degree

The curriculum is reviewed periodically and is subject to change.

The MPU modules are compulsory modules imposed by Ministry of Higher Education under the Private Higher Educational Institutions Act 1996 (Act 555).

All students must take these modules and pass as a prerequisite for the award of the degree.

ASSESSMENT

Students are assessed by coursework and examination. Students are assessed through multiple choice questions, short answer questions, essays, extended matching questions, reflective reports, role plays, quizzes, case studies, oral presentations, health promotion exhibition, health promotion brochure, training workshops, simulated interviews and thesis.

RECOGNITION OF DEGREE

IMU graduates are accepted both internationally and in Malaysia into Masters and PhD programmes. IMU Psychology graduates have been accepted into postgraduate psychology programmes in the United Kingdom, the United States of America, Australia, New Zealand, and Malaysia. The areas of postgraduate study include clinical psychology, health psychology, counselling, child and family psychology and industrial/organisational psychology. Our graduates have also gained employment in the Malaysian public health system, in both public and private tertiary institutions, in the non-government sector, human resources, the oil and gas sector and the United Nations.

CAREER PATHWAY

Psychology is the scientific study of behaviour and mental processes. It has become one of the most important and widely applicable disciplines with its popularity being largely due to the discipline's authority in unravelling some of the most frequently asked questions in our society, for example, why do people do the things they do?

Psychologists are interested in every aspect of human thought and behaviour which can be applied to promoting good mental health and adaptive behaviour in individuals and groups. Psychologists are trained to conduct research and apply findings in order to minimise stress, as well as to reduce behavioural and psychological problems. Conducting psychological tests to identify the source of problems, analysing the results of these tests and determining the right intervention may also be part of what psychologists do.

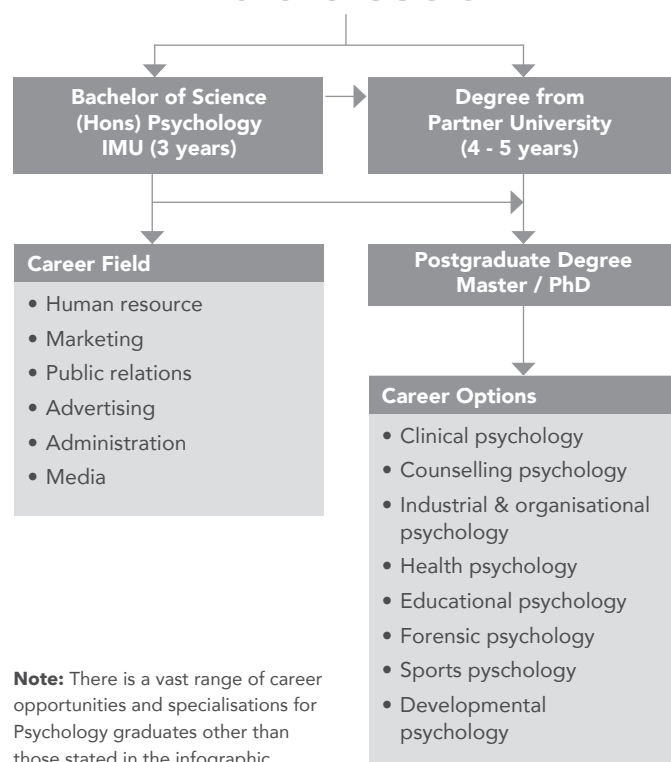
Psychologists work in a wide variety of settings. For example, in a clinical environment, psychologists study, manage and prevent psychological disorders. In corporate settings, psychologists are involved with the recruitment, counselling or training of employees. In the area of education, psychologists identify and assist people who need help with learning issues and support teachers in the implementation of learning strategies. A sports psychologist works with athletes to maximise their physical and mental abilities. Regardless of the context in which psychologists work, all psychologists are trained to use principles of psychology to observe, assess, analyse and provide appropriate evidence-based interventions for the needs of our society.

Due to the versatility of the discipline, psychology is fast becoming one of the most sought after subjects among university students in countries such as the United Kingdom, the United States of America and Australia. A similar trend is being observed in Southeast Asia as the contributions of psychology to the health, education and corporate sectors become more recognised.

The small group teaching in IMU along with the individualised attention positively enhances students' learning. The programme also provides a sound basis for further professional training and research at the MSc or PhD level in psychology. Our graduates have successfully transitioned into both local and international universities to further their education in their specialised fields. The psychology programme at IMU provides the important intellectual tools for those considering careers in management, law, education, social work, public relations, and health-related professions.

With a basic degree in psychology, you can work in a variety of careers in advertising, human resources, administration, marketing, public relations, consultancy and sales. In order to become a certified psychologist, you will have to first complete your undergraduate degree in psychology followed by a postgraduate degree in one of the specialised fields.

CAREER PATHS FOR PSYCHOLOGISTS



Learn from Our Experienced Lecturers



DR JOSHUA NG JOO HOU

Lecturer and Programme Director
B SocSc (Hons) Psychology (UKM), M Coun (HELP)
MSc Soc Org Psych (UoE) PhD Soc Env Psych (UoE)

Dr Joshua Ng Joo Hou is a registered and licensed counsellor under LEMBAGA (Malaysia) and certified in Choice Theory Reality Therapy (William Glasser Institute International). When helping clients, he mainly practices Choice Theory Reality Therapy and Jungian Psychology. He has 10 years of counselling experience, including international students and LGBTQ+ population. Besides, he is a social and environmental psychologist trained in examining the interaction of one's social identity in specific environmental contexts. He utilises both quantitative and qualitative research methods in his research work. His area of research covers stereotypes, inter-group interactions, emerging adulthood, social identity and general well-being.



ALEXIUS CHEANG

Senior Lecturer
BSc (summa cum laude) Psychology
(University of Central Arkansas),
MSc Psychology (California State University)

Mr Alexius Cheang was the Assistant Director at an NGO raising awareness in protecting children from sexual abuse and exploitation. He then joined the National Sports Institute in Malaysia as a Sport Psychology consultant working with elite athletes in the national badminton and shooting teams where he later became the Head of the Sport Psychology Centre. His experience led him to be interviewed on TV and radio as well as by magazines and newspapers. He actively gives talks and writes articles on parenting and is currently involved in multiple projects utilising technology to improve mental health. His research area is in positive psychology and its applications in improving well-being.

What Our Students Say

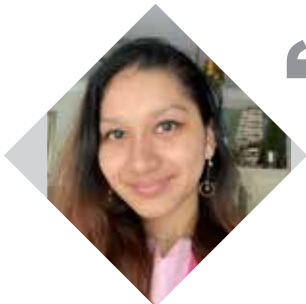


“ I am so blessed to sign up as a BSc Psychology student. IMU provides a safe, directive and supportive atmosphere for learning. Throughout my journey in IMU, I have seen myself improve tremendously, in terms of classes activities or involvement in discussion, and understanding about self. Psychology is not just about changing human behaviour or cognitive process, it also opens our minds towards real mental health world and professions. It makes me look forward to exploring the Psychology field and motivates me to excel in this area. ”

Lee Rulin Alumna

“ From my point of view, taking up the IMU Psychology programme is not just about gaining a degree but it is more of a personal journey of self-discovery and meeting different people from all walks of life. ”

Chong Junn Haw Alumnus



“ Studying Psychology at IMU has been beneficial to me in many ways, such as helping me understand the course material in greater detail, making new friends, and discovering more about myself. IMU’s lecturers have been exceptionally kind and helpful toward students, which is a major highlight at IMU for me. The Psychology students and lecturers alike have definitely made the programme much more enjoyable. ”

Nor Amirah Syazreen bt Norhaidi Alumna

“ Studying Psychology at IMU has opened up my mind to the wide array of possibilities presented by this profession. I learnt about the many divisions of psychology which are in high demand for today’s society, and this gives me the motivation and faith to strive in this field. Besides, the environment in IMU including the facilities and dynamics between lecturers and students create a supportive and conducive learning atmosphere. ”

Chong Hui Ying Alumna



Learn from Our Experienced Lecturers



DR SHAMALA RAMASAMY

Senior Lecturer
PhD in Education, MA in Industrial & Organisational Psychology, BSc (Hons)

Dr Shamala Ramasamy is a Senior Lecturer of the Psychology programme at International Medical University. She is a member of the American Psychological Association and an international affiliate member of Society for Industrial & Organizational Psychology, US. She holds a PhD in Education, Masters in Industrial & Organizational Psychology from UKM. She has 23 years of working experience at various universities. She has secured a Fundamental Research Grant Scheme from the Ministry of Education as a primary investigator. Her research passion is in critical thinking, informal reasoning fallacy, industrial and organizational psychology and higher education field. She has published research articles in various journals and supervised many undergraduate and post-graduate students. Dr Shamala's social activism spans a wide spectrum from being as a Secretary at Rainbow Bridge NGO, a panel for the Best Interest Determination (BID) of UNHCR for refugee children and leads the CSR projects in IMU.



LOW YAW DONG

Lecturer
BSc Psych (HELP), MClIn Psych (HELP)

Low Yaw Dong is a Clinical Psychologist who is enthusiastic in serving the community. He has experiences working with people from all walks of life, including young children, teenagers, adults and the elderly. He is trained in providing psychotherapy to adults with various difficulties, such as emotional difficulties, behavioural concerns, life transitions and managing stress. Yaw Dong also has experiences in managing children with behavioural and emotional challenges. During his practice, Yaw Dong has also been providing his services in various settings through public talks, tele-counselling, face-to-face counselling, volunteer training and home visits. Yaw Dong has a special interest in mindfulness based and self-exploratory approaches.

Why Study Psychology at IMU?

1

An Established Private Healthcare University

IMU is Malaysia's first and most established private medical and healthcare university with over 31 years of dedicated focus in healthcare education. IMU achieved the SETARA-2018/2019 Tier 6 status (Outstanding) under the Mature University category.

2

Build Your Future Healthcare Professional Network

As IMU offers the widest range of healthcare programmes, our students are fully immersed in a vibrant community of students and practitioners from all healthcare fields. This allows for the development of strong friendship amongst peers that will be the foundation of an extensive healthcare professional network upon graduation.

3

Curriculum Benchmarked to International Standards

IMU's Psychology curriculum has been developed to meet high international standards and has been accepted internationally for further specialisation at the graduate level.

4

Pathway Towards Postgraduate Specialisations in Psychology

Students are well prepared towards specialising in psychology at a graduate level. The rigorous training builds a strong foundation while the multiple opportunities to apply what was learned strengthens the understanding of theories and concepts and provides a value added degree for the students.

5

Personalised Attention from Lecturers

Students are able to get personalised attention from their lecturers due to an emphasis on small group learning. This enhances the teaching and learning activities for all students.

CONTACT US

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🌐 www.imu.edu.my

🐦 IMUMalaysia

☎ +603 2727 7515

📌 InternationalMedicalUniversity

PROGRAMMES AT IMU

Pre-University

Foundation in Science

KPT/JPT(R/010/3/0186)09/2023
MQA/FA3974

Undergraduate

Biomedical Science

KPT/JPT(R3/421/6/0011)12/2027
MQA/A8230

Chinese Medicine

KPT/JPT(R2/721/6/0059)01/2027
MQA/A10260

Chiropractic

KPT/JPT(R/726/6/0054)08/2026
MQA/A9294

Dentistry

KPT/JPT(R3/724/6/0010)01/2030
MQA/FA7026

Dietetics with Nutrition

KPT/JPT(R2/726/6/0021)09/2029
MQA/A8176

Digital Health

KPT/JPT(N/482/6/0209)03/2028
MQA/PSA14380

Medical Biotechnology

KPT/JPT(R2/545/6/0014)09/2027
MQA/FA15505

Medicine

KPT/JPT(R2/721/6/0033)09/2026
MQA/FA6155

Nutrition

KPT/JPT(R2/726/6/0011)06/2027
MQA/FA1298

Nursing

KPT/JPT(R/723/6/0125)04/2027
MQA/FA8944
KPT/JPT(N-DL/0913/6/0001)09/2029
MQA/PA14397

Pharmaceutical Chemistry

KPT/JPT(R3/442/6/0003)01/2028
MQA/A8229

Pharmacy

KPT/JPT(R2/727/6/0050)09/2026
MQA/FA8374

Psychology

KPT/JPT(R3/311/6/0013)09/2027
MQA/A8177

Postgraduate

Acupuncture (MSc)

KPT/JPT(R/721/7/0071)03/2027
MQA/PA8570

Analytical & Pharmaceutical Chemistry (MSc)

KPT/JPT(R2-CDL/442/7/0001)01/2027
KPT/JPT(N-DL/442/7/0022)02/2026
MQA/FA1191

Business Administration in Healthcare Management (PG Cert/PG Dip/Master)

KPT/JPT(N/345/7/1082)9/2023
MQA/PSA11354
KPT/JPT(N/345/7/1090)12/2023
MQA/PSA11355
KPT/JPT(N/345/7/1085)10/2023
MQA/PSA11353

Clinical Psychology (Master)

KPT/JPT(N/0313/7/0001)07/2027
MQA/PSA15641

Counselling (Master)

KPT/JPT(N/762/7/0046)09/2026
MQA/FA12002

Diabetes Management & Education (PG Dip)

KPT/JPT(R/726/7/0030)01/2028
MQA/SWA9086

Endodontics (PG Dip)

KPT/JPT(N/724/7/0043)05/2024
MQA/SWA12162

Health Informatics and Analytics (PG Cert/PG Dip/Master)

KPT/JPT(N/720/7/0131)09/2025
MQA/PSA13973
KPT/JPT(N/720/7/0130)09/2025
MQA/PSA13972
KPT/JPT(N/720/7/0129)09/2025
MQA/PSA13974

Health Professions Education (PG Cert/PG Dip/Master)

KPT/JPT(R/145/7/0066)09/2025
MQA/SWA05162
KPT/JPT(R/145/7/0064)09/2025
MQA/PA5163
KPT/JPT(R/145/7/0070)09/2025
MQA/SWA5164
KPT/JPT(N-DL/145/7/0120)02/2026
MQA/SWA05162

Implant Dentistry (PG Dip)

KPT/JPT(R/724/7/0019)06/2026
MQA/SWA6111

Molecular Medicine (MSc)

KPT/JPT(R2/545/7/0078)07/2027
MQA/FA1299
KPT/JPT(N-DL/545/7/0101)09/2025
MQA/SWA 11357

Pharmacy Practice (Master)

KPT/JPT(R/727/7/0051)03/2024
MQA/SWA02796

Prosthodontics (PG Dip)

KPT/JPT(N/724/7/0042)05/2024
MQA/PSA12163

Public Health (MSc)

KPT/JPT(R2/720/7/0077)09/2025
MQA/A10261
KPT/JPT(N-DL/720/7/0118)09/2023
MQA/SWA11356

Medical & Health Sciences (MSc/PhD)

KPT/JPT(R2/720/7/0049)06/2026
MQA/A10618
KPT/JPT(R2/721/8/0043)01/2027
MQA/A3767



INTERNATIONAL MEDICAL UNIVERSITY
MALAYSIA



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The IMU has been certified with ISO 21001 : 2018 for the provision of Pre-University, Undergraduate and Postgraduate Programmes for the Medical and Healthcare Professions.

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